

Roadmap

Babies (0-2)

Goals

- **Survive to thrive.** Babies can be a difficult adjustment, especially your first. You will adjust, you will survive, and then once you get in a rhythm of parenting, you will begin to thrive in the role God has given you.
- **Care and love your baby.** Your child needs to see you as the loving, caring parent God has made you to be for your baby. This establishes you as the authority for both love and structure in your child's life.

Know

- **Babies need to know they are safe and loved.** We get to model the protection and steadfast love of God to our children from day one.

Do

- **Game plan structure for your home.**
 - Start having practical conversations with your spouse about eating/sleeping habits, discipline, media intake, etc. in order to have a unified team approach.
 - Then implement your game plan.
 - Practice consistent biblical discipline as they become toddlers.
 - Implement eating/sleeping routines that are healthy and sustainable for you and your child.
- **Normalize prayer in your home.** Children have no concept of who God is until you show them. You model his role in your life to them by praying in front of and with them. Now is the time to establish a pattern of lifelong prayer for your child.
- **Start reading the Bible.** As your child gets closer to two, start reading some Bible stories. Keep it simple and short.



Resources

- [Jesus Storybook Bible](#)
- [Seven Things to Pray for Your Children](#) (Article)
- [Trusting God in the Sleepless Nights of Motherhood](#) (Article)
- [What Is a Father's Role in Caring for an Infant?](#) (Podcast)
- [Parenting](#)
- [Equipping for Life: A Guide for New, Aspiring, and Struggling Parents](#)