

EXODUS

Week 22

Memory Verse:

In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, "It is more blessed to give than to receive."

Acts 20:35

1) CATCH UP ON LIFE

This is when we update each other on the day in and day out happenings of our lives. Because God is our Father we are family. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?

What (if any) big life updates do you need to catch us up on (positive or negative)? Are there any practical needs you have right now?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

2) REVIEW THE MISSION

Through the empowerment of the Holy Spirit we have been sent as missionaries in everyday life to display God's glory and lead others to repentance and faith through belief in the gospel. (John 20:21 and 2 Corinthians 5:18-20)

Who is one person that you are building with that you can take the next step with this week? What do you plan to do?

3) DISCUSS AND ENGAGE

Since we follow Jesus we seek to apply the Gospel continually to all of life. God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a Group throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25).

Read these passages: Genesis 2:1-3, Exodus 20:8-11, Exodus 31:14, Mark 2:27, Matthew 12:1-8, Romans 14:5-6,10 and Colossians 2:16-17

What are some of the similarities between these passages?

What are some of the differences between these passages?

How do these passages fit together?

How could faithful Christians read these passages and come to different conclusions, such as:

- We still must Sabbath every Sunday.
- We should Sabbath weekly, but it does not have to be on Sunday.
- Sabbath rest is a good principle to follow to help us worship God and rest in Him, but Jesus fulfilled the 4th Commandment, and we are not required to follow it anymore.

Why should every Christian obey Jesus' command in Matthew 11:28?