## **EXODUS**

Week 31: FEASTS!

Memory Verse:

Be angry and do not sin; do not let the sun go down on your anger,

Ephesians 4:26

## 1) CATCH UP ON LIFE

This is when we update each other on the day in and day out happenings of our lives. Because God is our Father we are family.

Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?

What (if any) big life updates do you need to catch us up on (positive or negative)? Are there any practical needs you have right now?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

## 2) REVIEW THE MISSION

Through the empowerment of the Holy Spirit we have been sent as missionaries in everyday life to display God's glory and lead others to repentance and faith.

Who are building with that we can pray for tonight?

## 3) DISCUSS AND ENGAGE

Since we follow Jesus we seek to apply the Gospel continually to all of life. God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a Group throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25).

**Read Exodus 23:10-17** (for more on the feasts see Deuteronomy 16, Leviticus 23, and Numbers 28&29)

Take a minute to consider the rhythms and rehearsals that God placed into the life of the people of Israel. What would these practices have helped them remember and reenact?

Take a moment to consider your personal rhythms of life.

What are your daily habits and patterns? How do these help you remember the main story of Christ?

What are your week to week or monthly rhythms and patterns? How do these help you remember the main story of Christ?

What are your yearly rhythms? Ho do these help you remember the main story of Christ?

Where can you grow in adjusting your patterns?