

# Soul Care

## Scripture Memory of the Month

*Faithful are the wounds of a friend; profuse are the kisses of an enemy.  
Proverbs 27:6*

### 1) CATCH UP ON LIFE

*This is when we update each other on the day in and day out happenings of our lives. Because God is our Father we are family. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)*

Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?

What (if any) big life updates do you need to catch us up on (positive or negative)? Are there any practical needs you have right now?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

### 2) CARE NIGHT

*We are called to bear one another's burdens and to walk in the light together, and that is what we are going to focus on this evening. Break up into gender-based groups and use these questions to guide you. Make sure your group members go back and listen to the sermon if they have not by group meeting time. Remember also to encourage one another to give good news before good advice.*

This sermon series is focused on helping us grow in caring for our souls. In groups, we get to do this together.

This week's sermon focused on knowing our story and the different aspects of our life that affect our hearts. If the sermon brought up certain parts of your life and story this week, share it with your group. (From the sermon, here are the different layers of our story that surround our heart: Physical, Mental, Personality Type, Behavioral, Relational History, Family History, Spiritual Warfare.)

If there are any current sin struggles in your life, trust your group and share them. Remember to give each other good news before good advice.

### 3) REVIEW THE MISSION

*Through the empowerment of the Holy Spirit we have been sent as missionaries in everyday life to display God's glory and lead others to repentance and faith through belief in the gospel. (John 20:21 and 2 Corinthians 5:18-20)*

#### People:

Who can you be intentionally living on mission given your current situation? (neighbors, coworkers, or a specific demographic in Columbia)

#### Plan:

Who is one person you can intentionally build with this week? Spend some time praying for these opportunities.

**Pray:**

Pray for God to help us love him above all else that we may join him boldly in his mission to redeem the world. Pray for those around us that we need to share this with or invite in.