

# The Lord's Supper

## Matthew 26:26-29

### **Scripture Memory of the Month**

*There is therefore now no condemnation for those who are in Christ Jesus sin.*  
Romans 8:1

## **1) CATCH UP ON LIFE**

*This is when we update each other on the day in and day out happenings of our lives. Because God is our Father we are family. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)*

Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?

What (if any) big life updates do you need to catch us up on (positive or negative)? Are there any practical needs you have right now?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

## **2) DISCUSS THE TEXT - ENGAGE THE HEART**

*Since we follow Jesus we seek to apply the Gospel continually to all of life. God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a Group throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25).*

### **Read Matthew 26:17-29**

When were you first introduced to the Lord's Supper and what did you believe about it? How has that changed or not changed over time?

What are the connections between passover and the Lord's Supper?

How does this meal help us connect to the death of Jesus? How does it help us connect to his return?

Are there ways that you need to grow in your approach to taking the Lord's Supper?

### **Two Options to Close: The Lord's Supper or Prayer**

*If you would like to pray instead of taking the Lord's Supper, take some time to pray for one another. Share things you would like others to pray for, highlight some stuff that came out of last week's care/accountability time, etc.*

*If your group leaders would like to administer the Lord's Supper, do so now. This is a meal for Christians, so if you are not a Christian, please do not take the Lord's Supper. This is a time for you to ask questions about the gospel and to be open about the reasons that you do not believe. We are glad that you are here to ask questions, be skeptical, and seek answers.*

*If you believe the gospel but are currently disunited with another brother or sister in Christ, we do not want you to take part in the Lord's Supper. We want you to go and be reconciled with them. If you are currently walking in unity with other church family, reflect upon your sin and your Savior as you prepare to take communion.*

### **3) REVIEW THE MISSION**

*Through the empowerment of the Holy Spirit we have been sent as missionaries in everyday life to display God's glory and lead others to repentance and faith through belief in the gospel. (John 20:21 and 2 Corinthians 5:18-20)*

#### **People:**

Who can be intentionally living on mission amidst our current situation? (neighbors, coworkers, or a specific demographic in Columbia)

#### **Plan:**

Who is one person you can share the gospel with this week? How can that be done under the current constraints? Spend some time praying for these opportunities.

How can we be intentional in times like this about sharing the gospel?

#### **Pray:**

Pray for God to help us love him above all else that we may join him boldly in his mission to redeem the world. Pray for those around us that we need to share this with or invite in.